

DISCOVER YOUR INNER CHILD'S POSE: QC NEW YORK'S "WONDER SERIES" BRINGS SUNSET YOGA TO GOVERNORS ISLAND THIS JUNE

Guests can also enjoy a face yoga class and sip their way into golden hour — aperitivo tray included with purchase of a drink.

NEW YORK, NY (May 28, 2025) — Guests at QC New York can unwind with open-air sunset yoga and rejuvenate with face-sculpting yoga while overlooking one of the world's most stunning views - the Manhattan skyline - as part of its "Wonder Series" programming this June.

Just a five-minute ferry ride from Manhattan, the "Spa of Wonders" is one of the city's most rejuvenating escapes, featuring over 30 wellness experiences within its 89,000-square-foot urban retreat. Guests can unwind in tranquil outdoor pools, relax on waterbeds, enjoy hydromassage under Vichy showers and cascading waterfalls, and release tension in saunas - offering a true break from the summer heat and city hustle.

Beginning on June 1, guests are invited to enjoy the spa's new Italian aperitivo offering - Sunset Bites - at Casa QC Bistro before or after their Wonder Series classes. From Sunday through Thursday, 6 PM to 9 PM, guests who purchase a drink can enjoy an aperitivo tray - a generous serving of taralli crackers, focaccia bread, aged pecorino and cherry mozzarella cheeses, Italian salame, olives, mini San Marzano tomatoes, and carrot and celery sticks - all accompanied by the spa's unrivaled sunset views.

"Wonder Series is our way of offering a piece of wonder to New Yorkers - without ever leaving the city," said Andrea Quadrio Curzio, founder and CEO of QC Spa of Wonders.

"Something special, or unexpected, always awaits you at QC New York - experiences sure to inspire a sense of childlike wonder."

Highlights of Wonder Series include:

Face Yoga | June 17 & 24 at 12 p.m.

Experience the rejuvenating power of face yoga. Instructed by Krysten Victoria Gibbs, this relaxing class promotes circulation, reduces tension, and helps you achieve a natural glow - perfect for restoring balance and enhancing your inner radiance.

Sunset Yoga | June 12 & 26 at 8 p.m.

Unwind with a sunset yoga class led by bodyART instructor Ryan Daniel Beck in QC Spa's serene outdoor garden. Set against a breathtaking skyline view, breathe, stretch, and find balance as you flow through poses in this tranquil, open-air setting. This is an immersive session that supports injury prevention, pain reduction, and longevity.

Access to the Wonder Series events is complimentary with the purchase of a spa pass, but spaces are limited and expected to sell out quickly; guests can register when purchasing their spa pass. Admission starts at \$124 for a 5-hour Escape Entrance and \$98 for Sunset Entrance from 5 PM to 10 PM. QC New York invites guests to unwind with the city's best sunset views, just in time for summer evenings that stay bright past 8 PM.



ABOUT QC NEW YORK

QC New York, the first American outpost of the famed QC Spa of Wonders, is located on Governors Island and opened in 2022. With eleven locations across Europe, QC Spa of Wonders is celebrated for its blend of Italian luxury and curated wellness experiences. Founded by Italian brothers Saverio and Andrea Quadrio Curzio, QC Spa of Wonders has become a haven for relaxation and wonder, drawing over 1.5 million visitors worldwide. With Building 111, QC New York expands this vision, offering New Yorkers an immersive escape on the city's doorstep.

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